



"Courage is the quality which guarantees all others"  
- Winston Churchill

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# R+E NEWS

THE NEWSLETTER OF CYCLING VALUES! April/May 1997

## MOUNTAIN BIKE SPECIALISTS DISCOUNT




### Making a purse out of a sow's ear!

For 1997, Mountain Bike Specialists has great news! 1996 was a very bad year for mountain bike manufacturers, and they have lots of bikes left for closeout in 1997!

The great news is that at Mountain Bike Specialists we're making a purse out of a sow's ear. We saved room in our warehouse for plenty of 96 closeouts that we knew would come down the pike. And now they're here!

We will still be providing the same exceptional service that we're famous for, & the bikes will still be assembled to our unsurpassed quality standards. The prices will just be lower because our cost is lower. 20% to 30% lower to be exact!! Here's one example: The Scott Summit was a fantastic bicycle in 1996 at

\$689. Buy it now at Mountain Bike Specialists for just \$460! Come in and see this excellent value & MORE!!

THAT'S NOT ALL! We've got more savings on other 96 bikes too! In 1996, we ran our business in such a way that we will be able to scour the warehouses bringing fantastic savings on selected 1996 & 1997 bikes throughout the season. The selection will definitely change with availability.

Visit us today for the best value on a mountain bike anywhere!

1996 Closeouts now in stock! Tell all your friends!

### Spring Hours

12 - 7 Monday through Friday  
10 - 6 Saturday • 12 - 5 Sunday  
By appointment anytime  
call or e-mail for an appointment

Class Schedule  
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### WHAT'S INSIDE

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VISIT US ON THE  
WORLD WIDE WEB!

<http://www.rodycycle.com>



### Take it off the Top

The '97 Pearl Izumi and Giordana Jerseys have just come in and we're running a \$10 off promotion, just because. The new jerseys feature designs you've never seen before. Purchase one of these jerseys and you won't look like everyone else!

**Take \$10.00 off**

any 1997 Pearl Izumi or Giordana Jersey with this coupon

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



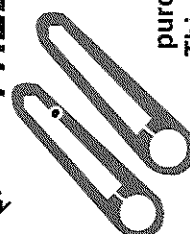
PULLING A  
POWER PLAY!

FREE BAR ENDS!!

Bulk Rate  
U.S. Postage  
Paid  
Seattle WA,  
Permit No. 12977

Get a free pair of  
Advent Billygoat  
CNC machined  
Bar-ends with your  
purchase of \$15 or more.

This offer is limited to stock on hand.  
Hurry! They won't last long!!



Offer good with coupon that has mailing label attached only. No cash value. Expires May 12 1997. Limited to stock on hand.

## Dinner at the Space Needle is on Us!

Check out our RODRIGUEZ vacation package in our catalog or on our web page ([www.rodcycle.com](http://www.rodcycle.com)), or on this page to the right. Invite a friend or family member to Seattle to order a RODRIGUEZ custom frame. When they get here we'll work on their bike non stop until it is done. We will deliver it from the fitting to final assembly in 7-10 days. We'll send them home with their new RODRIGUEZ frame, RODRIGUEZ gloves, shorts and jersey. Heck, we'll even throw in a RODRIGUEZ waterbottle.



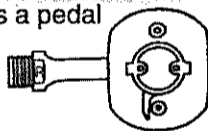
While they are here we'll take them to brunch at Salty's, dinner at the Space Needle, and we'll take them on a great local ride. And if you were astute enough to encourage a friend to do this we'll take you for the food and fun as well.

**If you need a RODRIGUEZ Catalog, give us a call at 206-527-4822 or e-mail [rodtandem@aol.com](mailto:rodtandem@aol.com).**



## FROG INVASION!

Why they call it the FROG nobody knows. We do know that they are hopping out of here as fast as we can order them! The FROG pedal from Speedplay is the finest clipless pedal we've found. It is the easiest to get in & out of (very important in a clipless pedal) and is extremely lightweight. The mechanical simplicity of the 'locking in' design is fantastic. Only one moving part! The rotational bearings are a very durable needle bearing design. The overall benefit to you is a pedal that is very easy to get used to & use, as well as years of trouble free service! Come into R+E Cycles today, & try a pair on a bike that we have set up on the trainer! *see coupon below*



## VACATION PACKAGE

Make your dream bicycle include an extraordinary vacation in Seattle (home of RODRIGUEZ Bicycles).

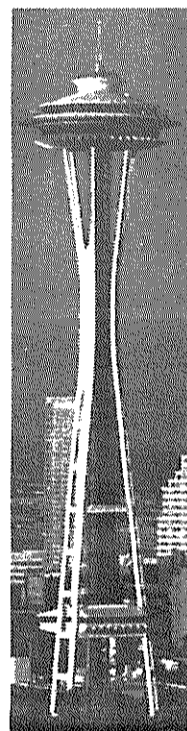
A custom bicycle normally takes 8~10 weeks for delivery. When you purchase our RODRIGUEZ vacation package we will commit to work day and night on your new bicycle, and finish it in only 7~10 DAYS! Your bike will be built for you while you enjoy your Seattle vacation! When you order our vacation package, you'll:

- Come to Seattle
- Be professionally fit & measured
- Order your custom bicycle
- See it in its various stages of construction
- Vacation in Seattle area 7~10 days
- Have dinner at the Space Needle with the frame builder, the owners of RODRIGUEZ Bicycles, & some of the other people who make it all happen
- Enjoy a scenic ride on your new bicycle personally led by Estelle & Dan (owners of RODRIGUEZ Bicycles)
- Experience Sunday brunch at Salty's (with Estelle & Dan)

After your week in Seattle, you'll leave with your custom fitted RODRIGUEZ bicycle, a RODRIGUEZ jersey, a pair of RODRIGUEZ gloves, and a pair of RODRIGUEZ riding shorts. Aw heck, we'll even throw in a water bottle too. We just want to make sure you're happy with your new bicycle!

Our vacation/custom bike package costs \$2499.99 + price of component package of your choosing. This price includes:

- Our travel agency making travel & lodging arrangements for you (cost of travel & lodging not included)
- A Custom RODRIGUEZ frame delivered in 7-10 days (components sold separately\*\*)
- All fittings and consultations
- Dinner at the Space Needle
- Brunch at Salty's
- Custom frame will include the following features:
  - RODRIGUEZ double butted cro-moly tube set
  - Stock cro-moly fork
  - 1-color paint job (any basic color in stock)
  - Down tube shifter bosses or Down tube stops
  - Pump peg
  - Braze-ons for 2 water bottles
  - Top tube cable guides or split stops
  - Chain stay stop
  - Pump painted to match
  - Rear rack braze-ons (if desired)



### Available upgrade options:

• True Temper OX Gold tubing	\$135
• Custom Multi-Shaped tubing	\$140
• Cantilever brake braze-ons w/custom stop	\$160
• Double eyelets front & rear	\$54
• 2-color simple fade paint job	\$85
• Kandy color paint job	\$65
• Alloy fork (road)	\$65
• Carbon fiber fork	\$220
• Internal top tube cable routing	\$125
• Hidden fender mounts	\$57
• Lowrider front rack braze-ons	\$55
• Sub down tube bottle cage	\$28
• Front derailleur braze-on	\$55

To order a vacation package, call, e-mail, or write us to get the process started. We'll work with you personally to make sure you're satisfied.

\*\*For a list of available component packages & prices, see the parts kits section of our catalog.

# RODRIGUEZ

## The Most Fun You Can Have!



### You're Gonna Croak!

Purchase a pair of Speedplay Pedals and any pair of shoes and we'll knock \$20 off the package price. It's one of the most efficient upgrades you can do, and we'll even let you try them out!

**\$20 off Speedplay Pedals with any Shoe purchase at R+E Cycles**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



### Watch Your Rear!

The Cat Eye Bar End Mirror fits in the ends of road, mountain or cross handlebars. Mounts with a simple screwdriver and lets you know if there's traffic behind you.

Reg. \$6

**Coupon Price: \$3.99**



Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

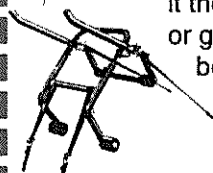


### Go Hollywood With Your Bike

There are a lot of car racks out there, but no doubt about it the Hollywood is the easiest to use. No knobs, ratchets or gizmos. It folds and unfolds in seconds and is easy on both your car and bike's paint. Fits most cars and we'll even let you try it! Holds 3 bikes. Reg. \$50

**Coupon Price: \$43.68**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



### What Are You Hanging On To?

If you don't have bar ends on your handlebars, you don't know what you are missing. They give you an extra and more comfortable hand position and aid in hill climbing. And the kicker is they are a really good deal! Delta single position bar end

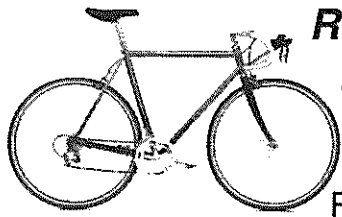
Reg. \$15

**Coupon Price: \$8.88**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



# LeMond



**RIDE STP WITH GREG LEMOND FOR FREE!!**

*Free is a very good price*

R+E Cycles is proud to announce the arrival of LeMond Road Bikes. LeMond has been a leading innovator in road cycling concepts for years in components & frame design. Now you can personally benefit from Greg's achievements. You'll find a winning combination when you buy a LeMond bicycle at R+E during this *special promotion*.

Not only will we be offering a **free STP registration with the purchase of** any LeMond bikes, we will also be issuing a **LeMond Classic cycling jersey at no extra charge** with your purchase. Offer expires May 15th 1997  
*Wear your colors proudly.*

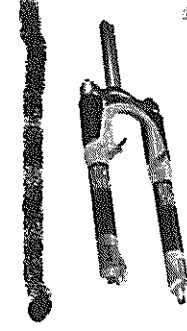


## 1997 Lowest Prices On Rock Shox Products



'97 Indy Prices

INDY C \$159.20  
INDY XC \$191.20  
INDY SL \$287.20



'97 Judy Prices

JUDY XC \$315.20  
JUDY SL \$519.20  
DHO \$975.00  
MAG 21 \$239.20



**NOW IN STOCK!!**

**ROCK SHOX 1997**

**CLOTHING**

**HATS**

**JERSEYS**



**Mountain Bike Specialists • 206-527-4310**

# FREE BIKE FOR THE SUMMER??!!

That's right. You can pick out the bike of your dreams and on approval of credit you won't have to pay for it for 90 days and there is no financing charge. If your credit is approved you won't even have to put anything down.

Our financing plan is available for road, mountain, cross bikes or tandems! We can get your approval while you wait and you can have a dinner celebration using the money you saved from credit card interest! It's a free ride.

**90 DAYS  
SAME AS  
CASH**

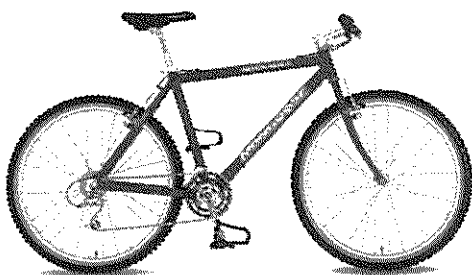
## FREE GEAR & BRAKE ADJUSTMENTS FOR 5-YEARS!!!

**And much much more!!**



**MOUNTAIN BIKE SPECIALISTS**

Save over \$200 on a Mongoose Rockadile or a Scott Summit Mountain Bike, & use this coupon to receive our exclusive R.E.B.O.P. Extended Service Plan FREE!! (\$35 value) Hurry, bicycle supply is limited as these are 1996 model year closeouts. **Total savings of over \$235!**



Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

**Rockadile features:**  
Butted Alloy Frame  
STX RC Components  
Mavic Rims  
Reg. \$700 **Sale \$470**

**Summit features:**  
Butted Cro-moly Frame  
STX RC Components  
Rapid Fire Plus  
Mavic Rims  
Reg. \$690 **Sale \$470**



## THE UPS AND DOWNS OF CYCLING

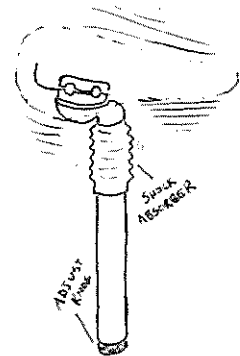
If you're sick of having your butt hurt every time you go for a bike ride you may want to consider a suspension seatpost. It absorbs the road shock which is a comforting idea. Bring your bike in so we can determine what size you need and we'll even let you try one out!

USE SUSPENSION SEAT POST Reg: \$145

**Coupon Price: \$125**

**Supply is limited**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## If the Shoe Fits Buy It

**Champagne Shoes at Beer Prices.**

We are closing out our Carnac Mountain Bike Shoes. They are incredibly comfortable and roomy in the toe box. Hurry while the size selection is best because at 25% off they are going to sell quickly!



**SAVE 25%**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.





# FROM THE REPAIR BENCH

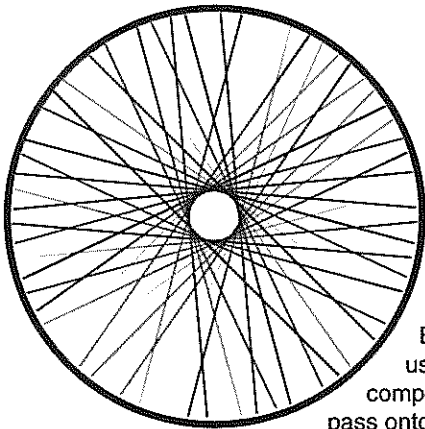
## SEATTLE BIKE REPAIR

"IMPOSSIBLE JUST TAKES LONGER"

5601 UNIVERSITY WAY NE • SEATTLE • 98105

206-527-0360 • FAX 206-527-8931

# MILLION MILE WHEELS?



### SEATTLE BIKE REPAIR WHEEL PHILOSOPHY

We at SEATTLE BIKE REPAIR only sell hand built wheels. So you can have the quality and strength of a SEATTLE BIKE REPAIR wheel even if you don't have the budget for a custom wheel. Our stock wheels are a product of SEATTLE BIKE REPAIR's buying power, which allows us to purchase a high volume of quality wheel components at discount prices. This savings we pass onto you.

All the wheels we sell are backed by the experience, the personal service and the best warranty available. These qualities are what has established SEATTLE BIKE REPAIR as a cycling institution.

SEATTLE BIKE REPAIR wheel builders employ a slow paced and patient method to building wheels. Before the wheel building actually begins, proper steps are taken to insure that the whole process will go smoothly.

After all the proper parts have been collected, our mechanics measure the precise length of spoke necessary for building your wheel. Guessing the length or "coming close" is not acceptable to our builders; in fact, if it is necessary, our builders will cut a spoke to length if a stock length is not available. Once spoke length is precisely determined, the threaded surfaces of the spokes are lubricated with linseed oil; the oil allows the spoke nipple to move freely along the threads so tensioning and truing are made easier. The linseed oil then hardens to keep the spoke from loosening. Additionally, the nipple seats in the rims are coated with grease to increase the ease in the building process.

Next, the spokes are threaded into the hub and rim, then evenly tensioned around its perimeter. The structural integrity of the rim is never compromised for the sake of time; there are no egg shapes created here. After thirty minutes of even tensioning the truing process begins. The truing process begins with the wheel being placed in a truing stand; the stand measures the roundness and the trueness of a wheel to close tolerances. Another thirty minutes of truing is necessary to make sure the wheel is perfectly round. Once the wheel is true, it is ready to ride.

### Destruction of a Machine Built Wheel

A machine built wheel, like those seen on almost all production bicycles in the world, goes through a very brutal process in order to be created. It is subjected to the will of a sadistic piece of equipment that wreaks havoc on the circular integrity of a perfectly good rim. The wheel building machine requires little human supervision as it conducts its torturous bidding. In truth the only human contact involved in machine wheel building is the loading of the necessary materials. In the process of building, each wheel has the spokes systematically installed around its perimeter at a prescribed tension. The rim, which was once a nearly perfect circle, slowly takes the shape of an egg. Not until all of the spokes have been installed is the wheel is circular again.

### The Consequences

The ovalizing that occurs during construction disturbs the metal of the rim in such a way as to cause it to become brittle. Microscopic cracks are created which make the wheel less serviceable down the road. (Pun intended.) A machine built wheel might work well right out of the box (after a good truing by a SEATTLE BIKE REPAIR mechanic), but in time the wheel will begin to wane in performance due to its automated construction. What does this mean to the owner of such a wheel? It generally means that whoever owns such a wheel will end up expending of great deal of time, energy and money to keep the wheel going.

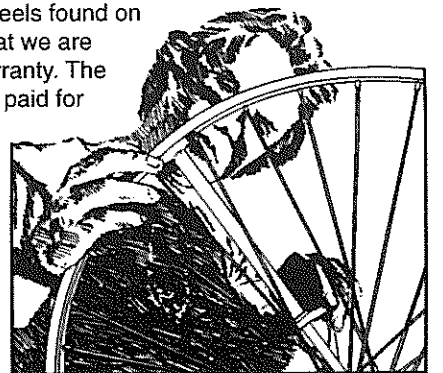
### What to do

Well, when the original wheels that came on your bike finally do begin to be more trouble than their worth, consider purchasing a wheel that was born and nurtured to life at SEATTLE BIKE REPAIR rather than constructed at some other place.

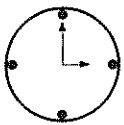


### SAME DAY WHEEL GUARANTEE

In the 90's, time is of the essence. That's why at Seattle Bike Repair we use the winter to prebuild lots of wheels so that you don't lose time waiting for a wheel in the riding season. We generally have a selection of wheels that are upgrades from most wheels found on stock bikes. We choose components that we are confident will stand up to our 3 year warranty. The prices start at \$45.00 (less than is often paid for an inferior machine-built wheel with no warranty).

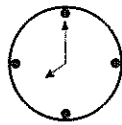


IN BY 2:00




SAME DAY  
WHEEL  
GUARANTEE

OUT BY 7:00



### HERE IS THE BEST PART


IN BY 2:00 OUT BY 7:00!!! If we don't have a wheel in stock that is compatible with your bicycle, than we will build your new wheel that same day. IN BY 2:00 OUT BY 7:00!!!




## Stop Flats

Just like the name says. Insert this liner between your tire and tube and you'll save yourself a lot of grief. We've got road and mountain bike sizes.

Reg. \$8  
**Sale: \$4.99**




Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## Struck By Lightning

We've been struck by the White Lightning. We feel that White Lightning chain lube is the best lube currently available. It keeps your chain clean and running smoothly. When was the last time you oiled your chain? Don't neglect the most used part of your bike!

Reg. \$6  
**Coupon Price: \$4.99**



Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## WHEELY GOOD DEAL!

Use this coupon to receive a **10% discount** on your wheel parts when you have us hand build a wheel for you. Limited to stock on hand. (includes spokes, hubs, rims, rim strips, tires, tubes, & spoke nipples)

*Limit 2 wheels per customer*



Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## If you've got one of these then you need one of these.

This handy little adapter fits right on your presta valve, allowing you to use any standard valve pump. No more pumping up your tire hassles.

Reg. \$ 0.99  
**Coupon Price: 2 for a Buck!**

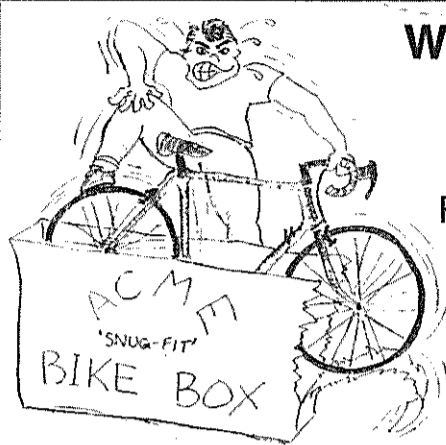


Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

# SEATTLE BIKE REPAIR

5627 UNIVERSITY WAY N.E., SEATTLE, WA. 98117 • (206)527-0360

PROFESSIONAL SERVICE • FREE EVALUATIONS



## WHY FRUSTRATE YOURSELF?

Remember that we will box and ship your bike anywhere in the continental United States for just \$55. (includes \$1000 worth of insurance)

Whether you're moving or going on vacation, Seattle Bike Repair is the easiest way to 'make your bike fly'. Just drop your bike by, or call ahead & schedule an appointment.

## S.B.R.

# REPAIR COURSES

### ROADSIDE REPAIR:

(1 SESSION; 2 HOURS; \$15)

APR. 18; MAY 16; JUNE 16; JULY 5

### WOMEN'S BIKE REPAIR:

TAUGHT BY ESTELLE GRAY

(1 SESSIONS; 2 HOURS; \$15)

MAY 14; JUNE 25; JULY 16

### WELL-TUNED BIKE:

(3 SESSIONS @ COURSE; 3 HOURS @; \$55)

MAY 4/10/11; JUNE 7/8/14;

JULY 6/12/13

### OVERHAUL COURSE:

(3 SESSIONS @ COURSE; 3 HOURS @; \$45)

APR. 20/26/27; MAY 24/25/31; JULY 20/26/27

### WHEELBUILDING:

(1 SESSION; 4 HOURS; \$45)

APR. 21; MAY 18; JUNE 29; AUG. 3

### TANDEM MECHANICS:

(1 SESSION; 2 HOURS; \$15)

MAY 2; JUNE 27; AUG. 1

### STARTING TIMES FOR ALL CLASSES:

MONDAY-THURSDAY 7PM; FRIDAY 7PM;

SATURDAY 6PM; SUNDAY 5PM

CALL 527-0360 TO ENROLL

SEE OUR FLYER FOR MORE COURSE INFO

# F.Y.I.

(FOR YOU, INFORMATION)

- Stretched chains remain the #1 cause of A.R.C. (avoidable repair costs) by damaging cogs & chainrings as the chain stretches. This info. has appeared before, but it's important that you don't forget about your chain.
- If you ride a lot & have had problems with rim sidewall wear & rim failure, try a Mavic rim with a ceramic coating on the side wall. The ceramic coating adds about \$30 to the cost of the rim, but that rim will last much, much, much longer. We know of one instance of an pair of Mavic ceramic mountain bike rims that have been commuted on through the winter for 8 years & are still showing no appreciable signs of sidewall wear!! Now that's a good investment.
- A pair of high quality slick tires for your mountain bike or hybrid is an easy way to improve your bike for the longer rides you'll be taking this spring & summer. New and/or better quality tires will improve the ride of your road bike, too.
- Attention tandem riders. S.B.R. carries the excellent Sachs front derailleurs that will improve the difficult shifts inherent with the large chainring spreads on a tandem. Also consider attending on of S.B.R.'s 'Tandem Mechanics' classes to learn the finer points of tandem shifting & lots of other useful & insightful information for the tandem rider.
- If you have had problems with bent or broken axles, try a Phil Wood hub. These hubs have oversized stainless axles & we have yet to see one fail in 20 years. These excellent hubs also have high quality cartridge bearings that rarely need servicing. They are probably the best hubs on the market, reasonably priced & very underrated.
- Classic Campy equipped bike owners, have you ever wished you could convert that beautiful Super Record or Nuovo Record crankset (with the 144mm bolt circle) to a triple? Now it's possible. A 144mm triplizer chainring is being manufactured that will allow you to add a third ring to your prized crankset without destroying the classic status of you bike. Call or see the guys at S.B.R. for details
- If you're intimidated by the prospect of changing from knobbies to slick tires on your bike, try taking S.B.R.'s excellent 'Roadside Repair' course. You'll learn the fine art of changing tires along with other valuable information. Call S.B.R. at 527-0360 to register.

## FREE CHAIN CHECK - UP

Bring in your bike & we'll check your chain for stretch.

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

## SAVE NOW • SAVE LATER

### FREE SPOKES W/ CERAMIC RIM WHEELBUILD

CERAMIC RIMS RESIST SIDEWALL ABRASION & LAST A LONG, LONG, LONG TIME

BUY A WHEELBUILD WITH A CERAMIC RIM & GET DT 14 GAUGE SPOKES FREE!! (A \$14 VALUE)

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

## KNOWLEDGE IS A VALUABLE THING

BUY ANY LUBRICATION PRODUCT FOR YOUR CHAIN & A FRIENDLY S.B.R. MECHANIC WILL SHOW YOU HOW TO USE IT!!

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

Order by phone 206-527-4822 • Free shipping for orders over \$15.00 • <http://www.rodcycle.com>



## Are You in Love With Your Saddle?

Bicycle saddles should be comfortable. If yours is not, bring it in and when you purchase a new one (we'll make sure that it is comfortable for you) we'll give you a

**\$5 trade in.**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## Is it really there? Or is it a MIRAGE?!

Speaking of Mirages...we've got *Campagnolo* Mirage Ergo Shiftlevers at a price you can't refuse. Put your shift levers up on your handlebars and you'll be singing praises. Reg: \$190 Coupon Price: \$125

**SAVE \$65**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## Get a Classic Suntan!!

Classic Crochet Gloves are back. Traditional peanut brown or black. Limited availability. You might want to buy an extra pair for later! Reg. \$15

Coupon Price: \$9.99

**SAVE OVER 30%**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

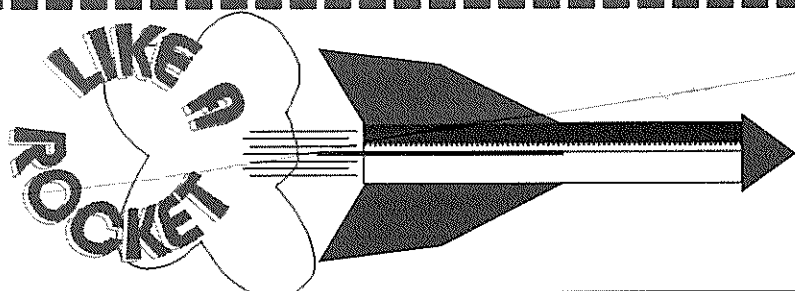


## Is There A Loose Nut Behind Your Handlebars?

We're not talking about the rider!!! We mean the nut that holds your headset together. Our headset wrench fits the 2 most common sizes (1 and 1 1/8"). The right tool for the job makes it easier and will keep your bike in tip top shape. Reg. \$11

Coupon Price: \$8.99

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## You're fast now... And you'd like to be faster?

And stronger and more sure in a racing pack or on your favorite century? Regular group training is the best way to improve your skill, speed and confidence on the bike. If you're racing in United States Cycling Federation events, or would like to, you certainly don't want to go it alone - bicycle racing is a team sport. You need your teammates, you need NW Velo.

NW Velo is a *regional club*. Headquartered in Portland, OR our racers and riders live, ride and race all over Oregon and Washington: from Seattle to Medford. That's just one reason NW Velo is an excellent choice, whether you're looking for your first team, your next team or just some fast company!

Adult & USCF Sr. Membership is \$65.00 (includes free jersey)  
USCF Juniors join free

**Seattle Contact:**

Denny McAfee • 5720 38th NE • Seattle, WA 98105

**206-524-1432**



# RODRIGUEZ

## TOUCAN TANDEM

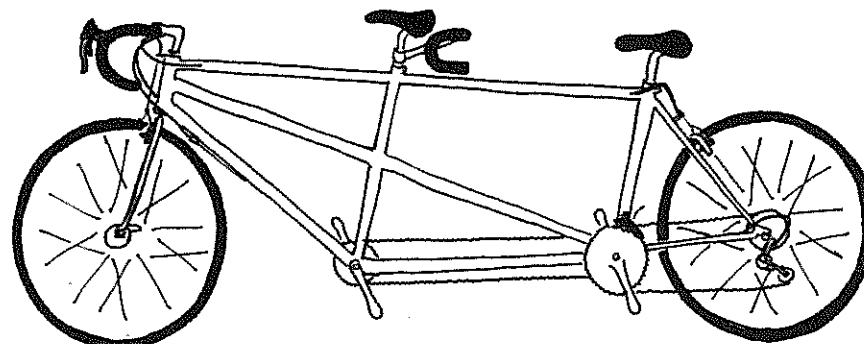
### SOMETIMES WE SURPRISE EVEN OURSELVES

Obviously we thought that building a stock RODRIGUEZ tandem would be a good idea, or we wouldn't have done it. What we didn't think was that they would sell so quickly!

Our RODRIGUEZ Toucan is our hand built, production tandem. We've designed and built it using the same designs, materials, jigs and frame shop that we use for our custom tandems. They are available in three sizes with either a traditional or Softride® stoker position. Our parts package includes Phil Wood hubs, XT rear derailleur, Shimano sealed cartridge bottom brackets, LX V-brakes, hand built wheels and more.

Why would someone choose a Toucan over anything else? Other than the fact that RODRIGUEZ has been the state of the art tandem since 1973? For starters, our oval tubing, lets us build the stoker position as long as we would like allowing for comfort without compromising its lateral rigidity. More room between the captain & stoker (more fun to look around & no breathing down the captain's back). Additionally the oval design actually allows for a little more vertical give, again for the stoker's comfort. Our "smart size" seat tubes allow the stoker to use a conventional a-head stem which means that there are oodles of options for length and rise without the weight or expense of an adjustable stem. Our wheels come with a 3 year warranty. And it's the best riding bike you'll find unless you have one custom built! What else could you want?

We sold our first production run out quickly (we still have few we've held for test rides), but we'll have more in time for you to get some miles on before STP! If you're interested in a test ride, give us a call and we'll have one ready for you. It's way more fun than riding a single bike!!!



# WARNING:

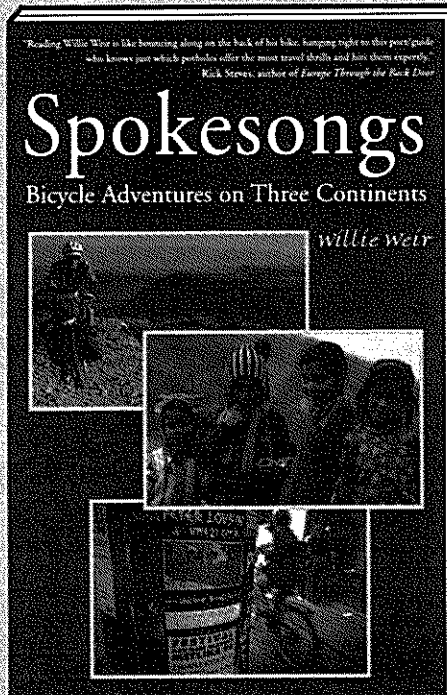
READING THIS BOOK MAY RESULT IN  
WANDERLUST AND RAGING TRAVEL FEVER



**3** continents  
**3** bicycle journeys  
**1** amazing book

R + E-sponsored bicycle traveler and radio commentator Willie Weir brings to life his adventures in India, South Africa and the Balkans in his soon-to-be-released book **Spokesongs: Bicycle Adventures on Three Continents**

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"Reading Willie Weir is like bouncing along on the back of his bike, hanging tight to this poet/guide who knows just which potholes offer the most travel thrills and hits them expertly." \*\*\*\*

Rick Steves, author of *Europe through the Back Door*

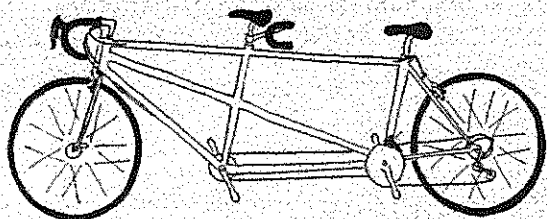
"I found myself laughing, nodding, and wishing wistfully for the courage to just get on my bicycle and go." \*\*\*\*

Susie Stephens, Executive Director, NowBike

"Willie Weir manages to evoke the joy and pain of traveling with the kind of honesty, compassion, humor and simple eloquence that any reader can appreciate and any writer should envy." \*\*\*\*

Jim Molnar, travel writer,  
*The Seattle Times*

## TANDEM RIDING 101



### LEARN FROM THE PROS

We offer Saturday morning tandem classes where we will pair you and your tandem partner up with experienced captains and stokers. We will make sure your first tandem riding experience is a fun one, and we'll give you the opportunity to try a variety of tandems and options. The class is \$20 per couple and starts at 9:30 am.

**Reservations required.**

**Class sizes are limited.**

Call 206-368-5490 ext. 688 (NUT) to sign up by phone.

Next Classes are

**MAY 17**

**JUNE 7**

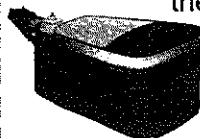
**JULY 12**

*The most fun 2 can have on a bike!*



## Look Ma No Rack!

It's a rack trunk that mounts on your seat post with its integrated frame. If you don't want one for yourself, you can always buy one for your riding buddy and let them carry your stuff for you! 2 sizes available.

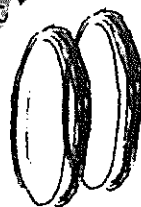


Standard Size Reg:\$45 **SALE:\$32.99**  
Expanding Pack Reg:\$60 **SALE:\$49.99**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## Time to Retire?



Put some new tires on your wheels and you'll be singin' Hallelujah.

Save some flats and save some money on Vittoria Romas 700x25

Reg: \$10

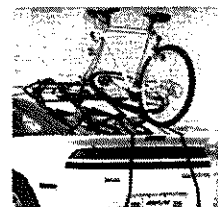
**Coupon Price: \$6.99**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## The Best of Both Worlds

The Enflite rack offers all the benefits of a roof rack but you don't have to pay the high price or reach up on to the roof of your car. The rack attaches to your car like a trunk rack but holds the bikes upright like a roof rack. Looks good on your car, keeps your bikes looking good. ONLY 2 LEFT Reg: \$100



**Now only \$52**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



## High Tech Baskets

The Jandd Grocery Bag is a lightweight, cordura, folding basket. It has a lightweight aluminum frame which opens wide enough to fit a grocery bag. They easily mount on and off just like a traditional pannier. Versatility galore!! And you can purchase just one side!! Reg: \$43



**Coupon Price: \$35.88**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

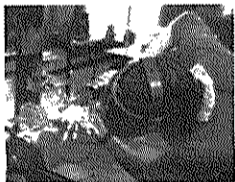
# TUXEDOS, TOOLS AND TIPS

Have you ever wondered what goes on at an STP training class? Well, I'm not going to tell you but I am going to encourage you to attend one. If you've never ridden STP before you'll get some valuable tips that will save you time, effort, and confusion during the ride. There is an in depth discussion of bicycle fit that covers everything so that you can ride to Portland in total comfort. No butt, shoulder, knee or neck pains. And you'll find out what a tuxedo has to do with it. You'll learn how to change a flat tire in the rear in minutes flat. Even if you are a veteran STP rider you'll get insight on how you can make your bike fit more comfortably and you'll probably pick up a few mechanical tips. The classes are free, they last about 3 hours and are taught by Dan and Estelle, the owners of R+E, and Dave Robinson, past director of STP. Times and dates are as follows:

Sat	April 19	Tacoma	Comm. College	10:00 am
Monday	April 21	Seattle	REI	6:30 pm
Monday	April 28	Shoreline	Education Center	7:00 pm
Wednesday	April 30	Everett	GTE	7:00 pm
Saturday	May 10	Bellevue	Overlake Hospital	10:00 am
Monday	April 12	Kent	Memorial Park	7:00 pm

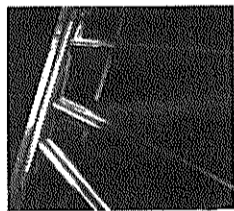
*You can also find this information in the STP registration booklet.*

## PHOTO OPPORTUNITY AKA: BIRTH OF A BICYCLE



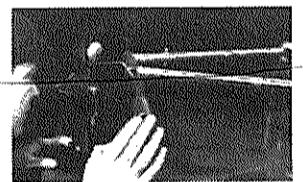
One of the cool things about purchasing a Rodriguez custom bike is going into the frameshop and actually

seeing your frame in its various stages of construction. Unfortunately, not everyone has the time to do that and you can't

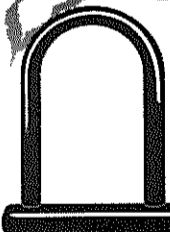


usually see all of the stages. We've got you covered. We'll take a roll of film starting in the frame shop, visiting your frame in the paint process and documenting its assembly. It's just one of those little extras that R+E Cycles does for you!

**WAY COOL!**



### U Lock it or U lose It



Have you postponed purchasing a U-lock because of the cost? Wait no longer. A U-lock offers you ultimate security and piece of mind. And here's the best deal we've ever had on a U-Lock.

Delta U-lock Reg: \$24.99

**Coupon Price: \$9.99**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

### RACK IT UP & STUFF IT IN THE TRUNK!



Buy a Raleigh rack trunk bag for just \$29.99, and get an Advent alloy rear rack for just \$10 more dollars. (\$25 value)

**Both for only \$39.99**

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.

### Have you got a roof top rack?

Have we got the mount for you! Rocky Mounts fit on round (Yakima) or square (Thule) bars and cost about half the price of other mounts. Impress your friends with your rack.

Reg: \$40

**Coupon Price: \$34.99**

wheel fork sold separately

Offer good with coupon only. No cash value. Expires May 12 1997. Limited to stock on hand.



5627 University Way NE  
206-527-4822



5601 University Way NE  
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5601 University Way NE  
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